



# 41ST NATIONAL TAEKWON-DO ITF CHAMPIONSHIP 2026



KOLKATA  
" THE CITY OF JOY "

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 HOWRAH INDOOR STADIUM,  
KOLKATA, WEST BENGAL

28TH TO 30TH DECEMBER 2026

# VENUE







**TAEKWON-DO FEDERATION OF WEST BENGAL**

REF.NO.TFWB/2026/001

15.05.2026

**All members of TAEKWON-DO ASSOCIATION OF INDIA (ITF)**

**INVITATION**

Dear Madam/Sir,

I am happy to inform you that;

National Technical Seminar	26.12.2026
3 <sup>rd</sup> National Ido Championship	26.12.2026
National Umpire Seminar	27.12.2026

<b><i>41<sup>st</sup> National TAEKWON-DO ITF CHAMPIONSHIPS 2026</i></b> <b><i>(28-30<sup>th</sup> DECEMBER 2026)</i></b>
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The above events are being held at “Sabuj Sathi Krirangan (Howrah Indoor Stadium)”, 4 M.G. Road, Howrah-711101, Kolkata, West Bengal from 28<sup>th</sup> to 30<sup>th</sup> December 2026.

ORGANIZER : “Taekwon-Do Federation of West Bengal” in association “Taekwon-do Association of India (ITF), New Delhi” which is affiliated to “International Taekwon-do Federation, Austria.

We sincerely hope that you will be able to accept our invitation and join the participants from over 25 states of India. Let me assure you that we are most anxious to welcome your team to the championships and the organizing committee will do their utmost to make your visit pleasant and memorable one.

As per the decision of TAI General body, the accommodation is to be booked by self except for the selected Umpires of the event. But you are requested to confirm your participation with approximate number of participants and officials **TWO MONTHS** before the scheduled date and exact number of participants before **November 01, 2025**. Our best efforts to make this championship a grand one as per Taekwon-Do Association of India (ITF) regulations are assured with your cooperation.

The details and other relevant information concerning the championship are mentioned below. Should you have any questions on this event please do not hesitate to contact us in the mentioned contact numbers.

We look forward to your participation.

Yours in Taekwon-do,

For Taekwon-do Federation of West Bengal®



**SAJAL HOWLADER**  
**ORGANISING SECRETARY**



## TERMS OF PARTICIPATION

### ELIGIBILITY

The state participating should be affiliated with “TAEKWON-DO ASSOCIATION OF INDIA, NEW DELHI” which is the sole representative of INTERNATIONAL TAEKWON-DO FEDERATION, AUSTRIA in India and the participants should mention their TAI Certificate numbers/Dan certificate numbers whichever is applicable on the Entry form along with **A PHOTOCOPY OF TAI CERTIFICATE**, otherwise the form will be rejected. If no TAI Certificate number is mentioned the student will **PAY A FINE** of **RS. 500/-** and no certificate for the same will be issued and if wrong number is mentioned the whole team will be disqualified on spot or found later will be disqualified from participating in future competitions.

**IMPORTANT :**        **UNLIMITED NUMBER OF PARTICIPATION FOR BOYS & GIRLS in INDIVIDUAL SPARRING. Only 2 members will be Allowed in INDIVIDUAL TULS in each CATEGORY.**

### ENTRY FEE

As decided in the last 35<sup>th</sup> TAI Congress meeting held at New Delhi, the Entry fee is **Rs.3,500.00 (without accommodation). However the food for the Tournament days will be provided by the Organizers.** The teams which require accommodation can approach the Organizers for arranging for accommodation on payment basis well in advance preferably before 2 months.

It is otherwise also mandatory to inform the organizers by the state teams, of their number of participation positively before **TWO** months as the OC has to arrange **FOOD** for expected number of participation.

**IT IS MANDATORY FOR ALL TEAMS TO SUBMIT RS.35,000/- (Entry fee of 10 participants) along with the information of participation before 2 months of the date of the event as decided by the TAI Congress in the past, so that the organiser can make his advance payments for various bookings.**

### **BANK DETAILS :**

Name of the Account Holder	Soham Banerjee
Account Number	20200134853802
Bank Name	Bandhan Bank, Chetla Branch
IFS Code	BDBL0002142

**Please note the below decision was taken in the 38<sup>th</sup> National Congress Meeting held at New Delhi on 28.12.2022.**

	<b>FINE</b>
Late information and submission of the list of participating members not even before ONE WEEK of the first day of the event.	<b>Rs. 500.00 per player</b>



## **DATE OF BIRTH CERTIFICATE**

The participants below the age of 18 years shall submit their DOB certificates in proof of their age positively along with the entry form to avoid protestations and the entry forms should be signed by the parents. Forms without signature are liable to be rejected at any stage of the competition and for unsigned entry the concerned state in-charge will be liable. Any participant not able to produce DOB Certificate in case of protestation will forgo the right to contest.

## **FOOD**

Food (3 DINNER, 3 LUNCH & 3 BREAKFAST) will be provided at the cost of the organizers starting from 28<sup>th</sup> to 30<sup>th</sup> DECEMBER 2026 to the registered participants.

## **UNIFORMS**

All participants shall wear the TAEKWON-DO DOBOK as approved by ITF & TAI (i.e White with ITF badge on left side & TAI badge on right side & printing of an ITF evergreen tree on the back and ITF written on lowers at knee level on both sides) and will have the TAI National ID Cards. All selected officials shall have their National Umpire I-D card on demand and shall wear the approved uniform (i.e Dark Blue trousers, white long sleeved shirts, Dark blue tie and Sports shoes). Liable to be disqualified if not adhered to.

## **EQUIPMENTS**

It is mandatory that all contestants should have their own approved ITF/TAI Sparring equipment and have worn the same while entering the arena. **COMPULSORY EQUIPMENTS** : Foot Glove, Hand Glove, Teeth Guard, Head Guard, Abdomen Guard (boys) & Shin Guard. **OPTIONAL EQUIPMENTS** : Forearm Guard, Breast Guard (girls).

## **PROTESTATION**

A non-refundable Protestation fee of **Rs.2,000/-** shall be submitted in case of protestation. Refund will be made only if the protestation is found correct. Application for Protestation should reach the Tournament Director before the commencement of the next fight in the fixture concerned or within **FIVE** minutes of the conclusion of the said fight. Only the designated Coach of the team has the right to submit the protestation application.

## **UMPIRES**

Unfurnished comfortable lodging and food will be provided to the selected Umpires of the event on the competition days. The Umpire should inform the OC well in advance their intention to stay in the accommodation provided by the OC.

## **CONGRESS MEETING**

The 42<sup>ND</sup> TAI National General Body Meeting will be held at the venue decided by the Organizers on 28<sup>th</sup> December 2026 at 06.00 pm. AGENDA of the meeting will be sent



separately. Anybody who wants to include any matter into the agenda please forward the same through email to TAI, HQ before one month. No matter will be officially allowed after this date.

### **BLACK BELT GRADATION**

TAI will organize a Black Belt examination till 2<sup>nd</sup> DAN on 29<sup>th</sup> December 2026 at 6.00 PM. Those who want to sit for this examination should submit their candidature before one month for verification.

### **ANTI DOPING/WOMEN COMMITTEE OF TAI**

<b>CHAIR PERSON</b>	<b>ANTI-DOPING</b>	Miss DR. RAMYASHREE BYREGOWDA
<b>CHAIR PERSON</b>	<b>WOMEN COMMITTEE</b>	Miss NEERAL TRIVEDI

### **CHAMPIONSHIPS RULES & REGULATIONS**



- **COMMON ANTI-DOPING RULES VALID FOR ALL :**

It is reminded that ITF Vienna is a signatory to the World Anti-Doping Agency (WADA) and hence Rules of Anti-Doping is also applicable to all events of TAI. It is advised that all participants participating in TAI events should possess:

#### **Competitors:**

- Certificate of International Level Athletes Education Program
- ADEL Certificates issued from WADA upon the completion of the anti-doping e-learning program.
- ATHLETE ANTI-DOPING CONSENT FORM (attached to this Infopack), duly signed by Athlete (Parent/Guardian).

#### **Coaches:**

- Certificate for ADEL for High Performance Coaches Education Program
- ADEL certificates issued by WADA upon completion of the anti-doping e-learning program.

**For more Anti-Doping education information kindly visit:**

<https://adel.wada-ama.org/>

Please, also refer to link on ITF website: - <https://www.itf-tkd.org/anti-doping-education-tools/> or WADA website.

All participants must have the ANTI-DOPING E-Learning certificates attached to the Entry Forms of participation.

**Please take note that all Anti-Doping certificates are valid for 2 years, the certificates issued before that will not be accepted.**



### **PENALTIES :**

Sl.No.	DETAILS	AMOUNT
1.	No TAI Certificate attached with the Entry Form	Rs.500.00 per player
2.	No National ID Cards	Rs.500.00 per player
3.	Submission of Entry Form Within a week before the event	Rs.500.00 per player

### **FEE FOR ATTENDING THE SEMINARS**

A **NATIONAL TECHNICAL/THEORY SEMINAR & UMPIRE/REFRESHER COURSE** will be conducted by **Grand Master Dr. Rajendran Balan and other Masters** on 26<sup>th</sup> & 27<sup>th</sup> December 2026 from 9.00 AM to 5.00 PM. The venue of the same will be intimated soon. The cost of the NUC shall be as under :

National Technical Seminar	Rs.500/-		26.12.2026
National Umpire Course Fee	Rs.3000/- (for first time Umpires)	Refresher (Rs.500/-)	27.12.2026

**NOTE : IT IS COMPULSORY FOR THE UMPIRES WHO HAVE APPLIED TO BE AN UMPIRE IN THE 41<sup>ST</sup> NATIONALS TO ATTEND THIS UMPIRE SEMINAR.**

### **CONTACT FOR QUARIES**

1	SAJAL HOWLADER	<b>ORGANISING SECRETARY</b>	<b>+91-9051749187</b>
2	KRISHNENDU SHEE	<b>COORDINATION MEMBER</b>	<b>+91-9899423922</b>

### **WEIGHT CATEGORIES APPLICABLE**

#### **INDIVIDUAL PATTERN**

Male & Female

**Divisions : Colour Belt**

6-5 <sup>th</sup> Kup	4-3 <sup>rd</sup> Kup	2-1 <sup>st</sup> Kup
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**Divisions : Black Belt**

1 <sup>st</sup> Dan	2 <sup>nd</sup> Dan	3 <sup>rd</sup> Dan	4 <sup>th</sup> Dan	5 <sup>th</sup> Dan
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**Sub- Division :**

Upto 13 yrs	14-15 yrs	16-17 yrs	18-34 yrs	+35 yrs
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**TEAM PATTERN – MALE & FEMALE**

**Junior (14-15 yrs), Youth U-18 (16-17 yrs), Adult (18-34 yrs) & Veteran (+35 yrs) will be separately entertained if there is more than 4 teams in one division otherwise will be merged as JUNIOR & ADULT**

**INDIVIDUAL SPARRING**

The TAI permits tournaments to be conducted in the following age divisions:

**DIVISION – 6<sup>TH</sup> KUP to 1<sup>ST</sup> KUP – MALE & FEMALE**

**(a) Pre-Children Tournament (ages up to 7);**

Boys: –20 kg, –24 kg, –28 kg, –32 kg, –36 kg, –40 kg, –45 kg, +45 kg.

Girls: –18 kg, –22 kg, –26 kg, –30 kg, –34 kg, –38 kg, –42 kg, +42 kg.

**(b) Pre-Children Tournament (ages 8 to 9);**

Boys: –20 kg, –24 kg, –28 kg, –32 kg, –36 kg, –40 kg, –45 kg, +45 kg.

Girls: –18 kg, –22 kg, –26 kg, –30 kg, –34 kg, –38 kg, –42 kg, +42 kg.

**(c) Children Tournament (ages 10 to 11);**

Boys: –25 kg, –30 kg, –35 kg, –40 kg, –45 kg, –50 kg, –55 kg, +55 kg.

Girls: –23 kg, –27 kg, –31 kg, –35 kg, –39 kg, –43 kg, –47 kg, +47 kg.

**(d) Cadet Tournament (ages 12 to 13);**

Boys: –30 kg, –35 kg, –40 kg, –45 kg, –50 kg, –55 kg, –60 kg, +60 kg.

Girls: –25 kg, –29 kg, –33 kg, –37 kg, –41 kg, –45 kg, –49 kg, +49 kg.

**(e) Junior Tournament (ages 14 to 15);**

Male: –40 kg, –45 kg, –50 kg, –55 kg, –60 kg, –65 kg, –70 kg, +70 kg.

Female: –35 kg, –39 kg, –43 kg, –47 kg, –51 kg, –55 kg, –59 kg, +59 kg.

**(f) Youth Tournament (ages 16 to 17);**

Male: –45 kg, –50 kg, –55 kg, –60 kg, –65 kg, –70 kg, –75 kg, +75 kg.

Female: –40 kg, –44 kg, –48 kg, –52 kg, –56 kg, –60 kg, –64 kg, +64 kg.

**(g) Adult Tournament (ages 18 to 34);**

Male: –54 kg, –60 kg, –66 kg, –72 kg, –78 kg, –84 kg, –90 kg, +90 kg.

Female: –50 kg, –54 kg, –58 kg, –62 kg, –66 kg, –70 kg, –74 kg, +74 kg.

**(h) Senior Tournament (ages 35 to 44);**

Male: –54 kg, –60 kg, –66 kg, –72 kg, –78 kg, –84 kg, –90 kg, +90 kg.

Female: –50 kg, –54 kg, –58 kg, –62 kg, –66 kg, –70 kg, –74 kg, +74 kg.

**(i) Veteran Tournament (ages 45 and above)**

Male: –54 kg, –66 kg, –78 kg, –90 kg, +90 kg.

Female: –50 kg, –58 kg, –66 kg, –74 kg, +74 kg.

## DIVISION – 1<sup>ST</sup> DAN to 4<sup>TH</sup> DAN – MALE & FEMALE

### (i) Children Tournament (ages 10 to 11);

Boys: –25 kg, –30 kg, –35 kg, –40 kg, –45 kg, –50 kg, –55 kg, +55 kg.

Girls: –23 kg, –27 kg, –31 kg, –35 kg, –39 kg, –43 kg, –47 kg, +47 kg.

### (ii) Cadet Tournament (ages 12 to 13);

Boys: –30 kg, –35 kg, –40 kg, –45 kg, –50 kg, –55 kg, –60 kg, +60 kg.

Girls: –25 kg, –29 kg, –33 kg, –37 kg, –41 kg, –45 kg, –49 kg, +49 kg.

### (iii) Junior Tournament (ages 14 to 15);

Male: –40 kg, –45 kg, –50 kg, –55 kg, –60 kg, –65 kg, –70 kg, +70 kg.

Female: –35 kg, –39 kg, –43 kg, –47 kg, –51 kg, –55 kg, –59 kg, +59 kg.

### (ii) Youth Tournament (ages 16 to 17);

Male: –45 kg, –50 kg, –55 kg, –60 kg, –65 kg, –70 kg, –75 kg, +75 kg.

Female: –40 kg, –44 kg, –48 kg, –52 kg, –56 kg, –60 kg, –64 kg, +64 kg.

### (iii) Adult Tournament (ages 18 to 34);

Male: –54 kg, –60 kg, –66 kg, –72 kg, –78 kg, –84 kg, –90 kg, +90 kg.

Female: –50 kg, –54 kg, –58 kg, –62 kg, –66 kg, –70 kg, –74 kg, +74 kg.

### (iv) Senior Tournament (ages 35 to 44);

Male: –54 kg, –60 kg, –66 kg, –72 kg, –78 kg, –84 kg, –90 kg, +90 kg.

Female: –50 kg, –54 kg, –58 kg, –62 kg, –66 kg, –70 kg, –74 kg, +74 kg.

### (v) Veteran Tournament (ages 45 and above)

Male: –54 kg, –66 kg, –78 kg, –90 kg, +90 kg.

Female: –50 kg, –58 kg, –66 kg, –74 kg, +74 kg.

### **TEAM SPARRING – MALE & FEMALE**

**(Only (14-17 yrs), Adult (18-34 yrs) will be separately entertained if there is more than 4 teams in one division otherwise will be merged or cancelled)**

### **SELF DEFENSE ROUTINE COMPETITION**

**MALE – JUNIOR, YOUTH U-18 & ADULT**

**FEMALE – JUNIOR, YOUTH U-18 YRS &  
ADULT**

**(Junior (14-15 yrs), Youth U-18 (16-17 yrs), Adult (18-34 yrs) will be separately entertained if there is more than 4 teams in one division otherwise will merged or cancelled)**

### **IMPORTANT NOTICE**

**EACH CATEGORY WILL BE ENTERTAINED IF THERE IS MORE THAN 4 PARTICIPANTS IN EACH CATEGORY. OTHERWISE WILL BE MERGED WITH UPPER CATEGORY. IN ANY EVENT IF A CATEGORY IS ACCEPTED WITH ONLY ONE PLAYER, THAT MEDAL WILL NOT BE CALCULATED TOWARDS PRESENTATION OF TEAM TROPHY.**

## OVERALL PROGRAMMES

### 25<sup>th</sup> DEC 2026

TILL EVENING : ARRIVAL SEMINAR PARTICIPANTS  
TILL EVENING : ARRIVAL OF ILDO PARTICIPANTS

### 26<sup>th</sup> DEC 2026

08.00 TO 01.00 PM : NATIONAL TECHNICAL/THEORY SEMINAR  
01.00 TO 02.00 PM : LUNCH BREAK  
02.00 PM ONWARDS : 3<sup>RD</sup> ILDO NATIONAL CHAMPIONSHIPS

### 27<sup>th</sup> DEC 2026

09.00 TO 04.00 PM : WEIGHING AND REGISTRATION-ARRIVAL OF TEAMS  
09.00 TO 01.00 PM : NATIONAL UMPIRE COURSE  
01.00 TO 02.00 PM : LUNCH BREAK  
02.00 TO 05.00 PM : NATIONAL UMPIRE COURSE

### 28<sup>th</sup> DEC 2026

07.00 TO 08.00 AM : BREAKFAST  
08.00 TO 08.30 AM : COACH MEETING  
08.30 TO 09.00 AM : UMPIRE BRIEFING  
09.00 TO 11.00 AM : IND. TULS & TEAM TULS  
11.00 TO 12.00 PM : **INAUGURATION IF ANY**  
12.00 TO 01.00 PM : IND & TEAM TUL FINALS  
01.00 TO 02.00 PM : LUNCH  
02.00 TO 05.00 PM : IND SPARRING JUNIOR & MEDAL DISTRIBUTION  
05.00 TO 06.00 PM : 42<sup>ND</sup> TAI NATIONAL GENERAL BODY MEETING  
07.00 TO 08.00 PM : DINNER

### 29<sup>TH</sup> DEC 2026

07.00 TO 08.00 AM : BREAKFAST  
08.00 TO 08.30 AM : UMPIRE BRIEFING  
08.00 TO 01.00 PM : IND. SPARRING (ADULT-SENIOR-VETERAN)  
01.00 TO 02.00 PM : LUNCH  
02.00 TO 05.00 PM : IND. SPARRING (ADULT-SENIOR-VETERAN)  
05.00 TO 06.00 PM : MEDAL DISTRIBUTION  
06.00 TO 08.00 AM : BLACK BELT GRADING  
07.00 TO 08.00 PM : DINNER

### 30<sup>TH</sup> DEC 2026

07.00 TO 08.00 AM : BREAKFAST  
08.00 TO 08.30 AM : UMPIRE BRIEFING  
09.00 TO 01.00 PM : TEAM SPARRING COMPETITION  
01.00 TO 02.00 PM : LUNCH  
02.00 TO 03.00 PM : SELF DEFENCE ROUTINE  
04.00 TO 05.00 PM : CLOSING CEREMONY  
07.00 TO 10.00 PM : DJ & DINNER PARTY if any

Yours in Taekwon-Do,



**SAJAL HOWLADER** - - ORGANIZING COMMITTEE

